

# EVENT AGENDA

## DAY 1 / APRIL 29TH

06:00PM – 09:00PM

### Networking Dinner

Network with your peers at the Renaissance Dallas Hotel rooftop lounge! Food and beverage provided.

## DAY 2 / APRIL 30TH

08:00AM – 09:00AM

### Breakfast & Registration

09:00AM – 09:15AM

### Welcome

09:15AM – 10:00AM

### 2026 Trucking Comp & Benchmark Highlights

*Jackie Ronning Vice President, Benefits - Cottingham & Butler*

Discover what total compensation packages actually attract and retain talent - plus where your company stands against latest industry benefits trends data, including driver pay, benefits benchmarking, and competitive positioning strategies for trucking companies.

10:00AM – 10:45AM

### Beating the Trend: What Top Performing Trucking Companies Differently

*Kim Beck, Senior Vice President, Benefits - Cottingham & Butler*

While most carriers struggle with turnover rates above 90%, top-performing companies achieve significantly better retention. Learn their playbook for benefits design and employee engagement.

10:45AM – 11:00AM

### Break

11:00AM – 11:30AM

### Best Practices for Reducing RX Spend

*Dr. Nathan Harold, MedOne Pharmacy Benefit Solutions*

Employers expect prescription drug costs to increase an average of 8% in 2025, making prices the highest they've been in 15 years. Learn formulary strategies, specialty drug negotiations, and pharmacy benefit tactics that cut costs without cutting coverage or causing driver backlash.

11:30AM – 12:30PM

### Lunch

12:30PM – 01:15PM

### Managing High-Risk Health Plan Members

*Kim Beck, Senior Vice President, Benefits - Cottingham & Butler*

A small percentage of employees drive most health costs. Discover care management and wellness programs that flip high-risk members into success stories while protecting your bottom line.

01:15PM – 02:00PM

### Leave of Absence Management in Trucking

*Bret McKittrick, Vice President, Benefits - Cottingham & Butler*

Botched leave administration costs companies millions in lawsuits. Master FMLA, workers' comp, and return-to-work processes that keep you compliant and operational.

02:00PM – 02:10PM

### Break

02:10PM – 02:45PM

### Chronic Condition Management

Around 80% of your healthcare spend is linked to members with a chronic condition. Don't overlook chronic condition management as a cost containment strategy.

02:45PM – 03:00PM

### Closing Remarks